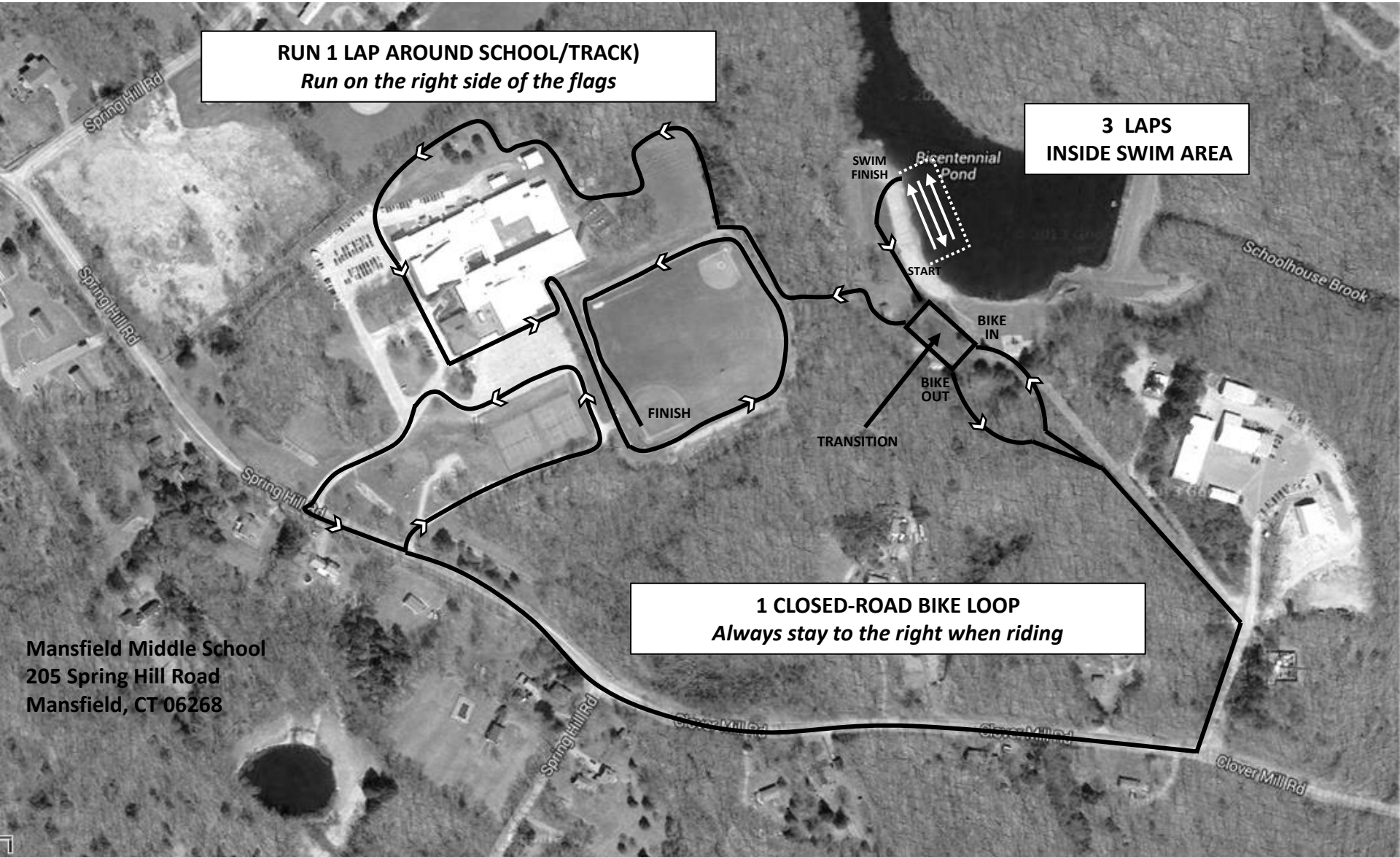


9-11 Year Olds
(distances are approximate)
Swim 75 yards
Bike 1.7 miles
Run .9 mile

COURSE MAP

Updated August 2014



RUN 1 LAP AROUND SCHOOL/TRACK)
Run on the right side of the flags

**3 LAPS
INSIDE SWIM AREA**

1 CLOSED-ROAD BIKE LOOP
Always stay to the right when riding

Mansfield Middle School
205 Spring Hill Road
Mansfield, CT 06268